

Portable Surface Plasmon Resonance system for blood marker analysis supporting rapid point-of-care diagnostics and treatment monitoring

Cristina Polonschii¹, Arian Oloumi^{1,2}, Mihnea Rosu-Hamzescu¹, Sorin David¹, Eugen Gheorghiu^{1,2}

¹International Centre of Biodynamics, Intrarea Portocalelor 1B, Bucharest, 060101, Romania

²University of Bucharest

Advances in rapid and point-of-care (POC) diagnosis are critical to gain ground against the high mortality associated with sepsis. Currently, blood biomarkers are analyzed in specialized laboratories by expensive and time-consuming procedures, however unsuitable for life threatening situations, where early detection is vital. To address this challenge, we developed a novel point-of-care system for fast and sensitive detection of biomarkers in blood, enabling early diagnostics (MarkerSense). By providing the means to detect rapidly (~10 min.), on-site and conveniently (using a single drop of blood) key parameters for assessing sepsis risk, MarkerSense will offer clinicians a valuable tool, allowing them to optimize and personalize the treatment and improve clinical outcome for the patients. Based on a proprietary Surface Plasmon Resonance technology developed by International Centre of Biodynamics^{1,2} and a low-cost functionalization platform³ optimized for high-sensitivity and reduced non-specific binding, MarkerSense simultaneously performs high signal-to-noise ratio reflectivity and phase angle resolved assays, in a portable format. The functionalization layer was tested for nonspecific binding and the limit of detection for a sepsis marker (*i.e.* soluble CD25) was ~2 ng/ml, as compared to relevant concentrations⁴ for early diagnosis of sepsis (~3 ng/ml). Following successful clinical trials, MarkerSense is envisaged to be used for rapid on-site diagnosis of sepsis in hospitals (ICU, emergency departments).

This work was supported by grants of the Romanian Ministry of Research, Innovation and Digitization, CNCS / CCCDI-UEFISCDI, ERANET-M (SmartMatter, 173), ERANET-PERMED (POC4Allergies, 138), PN-III-P4-ID-PCE-2020-2432 and -1433, PN-III-P2-2.1-PED-2019-4934 and -5185.

1. Gheorghiu, E., David, S., Gheorghiu, M. & Polonschii, C. Portable device for measuring optical waveguides, including their resonance. *RO Pat. Appl. A00313* (2018).
2. Gheorghiu, E., David, M. S., Gheorghiu, M. & Polonschii, C. Method to measure the phase difference and the intensity introduced by the sample on beams with controlled polarization in a common-path geometry. *RO Pat. Appl. A00224* (2019).
3. Polonschii, C., David, S., Tombelli, S., Mascini, M. & Gheorghiu, M. A novel low-cost and easy to develop functionalization platform. Case study: aptamer-based detection of thrombin by surface plasmon resonance. *Talanta* **80**, 2157–2164 (2010).
4. Guadiana-Romualdo, L. G. de *et al.* Pancreatic stone protein and soluble CD25 for infection and sepsis in an emergency department. *Eur. J. Clin. Invest.* **47**, 297–304 (2017).